Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282051 **Name:** Inglés Avanzado para Ciencias Actividad Física y Deporte

Credits: 4,50 **ECTS Year:** 3, 4 **Semester:** 2

Module: 4) Optional Module.

Subject Matter: Idiom **Type:** Elective

Field of knowledge: Health Sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: English

Lecturer/-s:

OAC29	Katherine Haug **(Profesor responsable)**	katherine.haug@ucv.es

Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4,50	Insclusive Activities and Practices in the Areas of Education and Leisure Time	4,50	3, 4/2
Anthropology.	12,00	Anthropology	6,00	3/1
		Science, Reason and Faith	6,00	3/2
Collective Sports	22,50	Basketball	4,50	4/2
		Football	4,50	4/2
		Handball	4,50	3, 4/2
		Hockey	4,50	This elective is not offered in the academic year 25/26
		Volleyball	4,50	4/2
Adversary Sports	18,00	Fencing	4,50	This elective is not offered in the academic year 25/26
		Judo	4,50	4/2
		Paddle	4,50	4/2
		Tennis	4,50	3, 4/2

Sports in the Natural Environment	4,50	Sports in Nature: Specific Techniques	4,50	3, 4/2
Individual sports	22,50	Athletics	4,50	3, 4/2
		Cycling	4,50	This elective is not offered in the academic year 25/26
		Gymnastics	4,50	3, 4/2
		Swimming	4,50	4/2
		Triathlon	4,50	3, 4/2
Direction and Management of Gyms and Sports Centers	4,50	Gym and Sports Centre Management and Administration	4,50	This elective is not offered in the academic year 25/26
Idiom	9,00	Inglés Avanzado para Ciencias Actividad Física y Deporte	4,50	3, 4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4,50	3, 4/2
Sports facilities	4,50	Sports Facilities	4,50	This elective is not offered in the academic year 25/26
Research Methods and Techniques	4,50	Applied Research Methods and Techniques in Sport Sciences	4,50	4/2
Nutrition	4,50	Nutrition	4,50	3, 4/2
Professional Itinerary Electives	27,00	Fitness and Physical Conditioning	6,00	4/1

Professional Itinerary Electives		Pedagogy in Eduational Values in Sports and Physical Activity	6,00	4/1
		Skills, Entrepreneurship and Employment	3,00	4/2
		Sports Management of Human and Economic Resources	6,00	4/1
		Theory and Practice of Training for High Performance in Sports	6,00	4/1
Trends in sports practices	4,50	Trends in Sports Practices	4,50	This elective is not offered in the academic year 25/26
Social Skills and Group Dynamics	4,50	Social Skills and Group Dynamics	4,50	This elective is not offered in the academic year 25/26

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

R1	Produce well-organized oral texts in English (at B2 level) appropriate for the interlocutor and their communicative purpose in general communication contexts and contexts related to Physical Education and Sports Sciences (CAFD).
R2	Engage in oral debates in English (at B2 level) with correctness, fluency, and spontaneity that allow for maintaining interaction, reacting, asking questions, and repeating what the interlocutor said to ensure mutual understanding in communication contexts.
R3	Identify the general meaning, essential information, main points, and relevant details in clearly structured oral texts delivered in standard English (at B2 level) at a moderate pace and transmitted live.
R4	Identify the general meaning, essential information, main points, and relevant details in clear and organized texts written in standard English (at B2 level) in general contexts and contexts related to Physical Education and Sports Sciences (CAFD)
R5	Compose simple and cohesive written texts in standard English (at B2 level), whether public or private, that require conveying or contrasting information, narrating stories, describing experiences or events (real or imaginary), feelings, and reactions.

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5	50,00%	Written and/or practical tests.
R1, R2, R3, R4, R5	30,00%	Individual or Group Work / Project.
R1, R2, R3, R4, R5	20,00%	Oral tests or presentation.

Observations

·The student may keep the assessment instruments passed during the 3 years following the first enrolment.

·**Written and/or practical tests:** This assessment instrument is divided into three parts or tests which each assess different blocks of content: two written tests during the course (15% each test) and a written exam on the official exam date (20%). The two tests and the exam consist of a written comprehension exercise with multiple choice, an oral comprehension exercise with spaces to be filled in and a writing exercise, either an essay or report and/or answers to questions.

·**Individual or group work/project:** This assessment tool is divided into two group projects which will be written in class and then presented orally in group. Each project counts for 15% of the final mark, the written part (5%) and the oral part (10%)

·**Oral tests or oral presentation:** This evaluation instrument consists of two individual oral presentations to be given during the course. Each presentation involves presenting or showing the results of previous research, meeting the minimum criteria of accuracy and fluency necessary to pass a B2 level oral exam.

·It is necessary to obtain 60% in all instruments to pass the course.

·A compulsory attendance to the sessions of 80% is required.

·If any of these criteria is not met, the student will be graded with a maximum of 4.5.

This subject can be requested for a single assessment by means of an application to the Secretary's Office, providing the appropriate evidence and justification for the request. This is essential for the application to be assessed by the subject's teaching staff.

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published on the platform of each group at the student's disposal.

Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:
·Obtaining alternative explanations of theoretical or methodological concepts.
·Generating outlines, concept maps, or summaries to support study.
·Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
·Receiving feedback on report writing, provided that the original content is the student's own.
·Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:
·Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
·Formulating hypotheses, objectives, or conclusions for academic work.
·Replacing qualitative or quantitative data analysis with automated tools without human validation.
·Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
·Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:
·Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
·The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
·Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:
Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.

If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1   Attendance at practices.

M2   Resolution of problems and cases.

M3   Discussion in small groups.

M4   Practical laboratories.

M5   Presentation of content by the teacher.

M6   Practical lesson.

M7   Group dynamics and activities.

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M2, M5, M7	R1, R2, R3, R4	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity. M2, M4, M5, M6	R2, R3, R4, R5	23,00	0,92
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2	R2, R3, R4, R5	5,00	0,20
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M5	R2, R3, R4	7,00	0,28
TOTAL		**45,00**	**1,80**

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring. M2, M7	R2, R3, R4, R5	22,50	0,90
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M2, M5, M7	R2, R3, R4, R5	45,00	1,80
TOTAL		**67,50**	**2,70**

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I	·Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B2. ·Specific area: Sport context, general questions: basic actions, implements, places where sport is practised, sport professionals, expression of sport results.
BLOCK II	·Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B2. ·Specific area: Context of sport, general issues: competition sport, adventure activities and conditioning activities.
BLOCK III	·Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B2. ·Specific area: Physical activity and health.
BLOCK IV	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B2.Specific area: Psychosocial aspects of sport.
BLOCK V	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B2.Specific area: Research in Sport Science.

Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I	5,50	11,00
BLOCK II	5,50	11,00
BLOCK III	5,50	11,00
BLOCK IV	4,00	8,00
BLOCK V	2,00	4,00

References

BASIC REFERENCE:

Kivihall, S. (2008). Atudy Aid of English for students of health Sciencies. Tallin University Language Centre. ISBN: 978-9985-58-588-7.

COMPLEMENTARY REFERENCES:

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Evans, V., Dooley, J& Graham A. Career Paths: Sports. London: Express Publishing Hashemi, L. and Thomas, B. (2008). Grammar for First Certificate. Cambridge, Reino Unido: Cambridge University Press.

Hashemi, L. & Thomas, B. (2006). Grammar for PET. Cambridge, Reino Unido: Cambridge University Press.

Hashemi, L. & Thomas, B. (2011). Grammar for PET: Self-study grammar reference and practice. Cambridge, Reino Unido: Cambridge University Press.

Heyderman, E. & May, P. (2011). Complete PET for Spanish Speakers: Student's Book.Cambridge, Reino Unido: Cambridge University Press.

McCarthy, M. & O'Dell, F. (1999). English Vocabulary in Use. Cambridge, Reino Unido: Cambridge University Press.

McCarthy, M. & O'Dell F. (2005). English Collocations in use: Intermediate. (13rd Ed.). Cambridge: CUP.

Murphy, R. (2014). English Grammar in Use with Answers: A Self-Study Reference and Practice Book for Intermediate Students of English.Cambridge, Reino Unido: Cambridge University Press.