



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282048 **Name:** Pedagogy in Educational Values in Sports and Physical Activity

Credits: 6,00 **ECTS Year:** 4 **Semester:** 1

Module: 4) Optional Module.

Subject Matter: Professional Itinerary Electives **Type:** Elective

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

OAC37 Concepcion Ros Ros (**Responsible Lecturer**)

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Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4,50	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4,50	3, 4/2
Anthropology.	12,00	Anthropology	6,00	3/1
		Science, Reason and Faith	6,00	3/2
Collective Sports	22,50	Basketball	4,50	4/2
		Football	4,50	4/2
		Handball	4,50	3, 4/2
		Hockey	4,50	This elective is not offered in the academic year 25/26
		Volleyball	4,50	4/2
Adversary Sports	18,00	Fencing	4,50	This elective is not offered in the academic year 25/26
		Judo	4,50	4/2
		Paddle	4,50	4/2
		Tennis	4,50	3, 4/2



Sports in the Natural Environment	4,50	Sports in Nature: Specific Techniques	4,50	3, 4/2
Individual sports	22,50	Athletics	4,50	3, 4/2
		Cycling	4,50	This elective is not offered in the academic year 25/26
		Gymnastics	4,50	3, 4/2
		Swimming	4,50	4/2
		Triathlon	4,50	3, 4/2
Direction and Management of Gyms and Sports Centers	4,50	Gym and Sports Centre Management and Administration	4,50	This elective is not offered in the academic year 25/26
Idiom	9,00	Inglés Avanzado para Ciencias Actividad Física y Deporte	4,50	3, 4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4,50	3, 4/2
Sports facilities	4,50	Sports Facilities	4,50	This elective is not offered in the academic year 25/26
Research Methods and Techniques	4,50	Applied Research Methods and Techniques in Sport Sciences	4,50	4/2
Nutrition	4,50	Nutrition	4,50	3, 4/2
Professional Itinerary Electives	27,00	Fitness and Physical Conditioning	6,00	4/1



Professional Itinerary Electives		Pedagogy in Educational Values in Sports and Physical Activity	6,00	4/1
		Skills, Entrepreneurship and Employment	3,00	4/2
		Sports Management of Human and Economic Resources	6,00	4/1
		Theory and Practice of Training for High Performance in Sports	6,00	4/1
Trends in sports practices	4,50	Trends in Sports Practices	4,50	This elective is not offered in the academic year 25/26
Social Skills and Group Dynamics	4,50	Social Skills and Group Dynamics	4,50	This elective is not offered in the academic year 25/26

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Design, implement and evaluate physical-sport activity programs in the formal and non-formal educational environment, taking into account the development of values, attitudes and norms.
- R2 Summarize, contrast, assess and present data from scientific studies, related to the development of values in physical-sports activities.
- R3 Adapt, put into practice and evaluate physical and sports activities, appreciating the levels of development of values, attitudes and norms, and attending to individualities, both in the formal and non-formal areas.
- R4 Transfer the inherent values of physical-sports activities through the development and implementation of projects and / or programs applied in the formal and non-formal environment.
- R5 Select and put into practice different methodologies and strategies for the development of values based on the characteristics of the group in different contexts.



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2	30,00%	Written and/or practical tests.
R1, R2, R3, R5	30,00%	Individual or Group Work / Project.
R1, R3, R4, R5	30,00%	Exercises and Practices in the Classroom.
R2	10,00%	Oral tests or presentation.

Observations

Students may keep the assessment tools they have passed for three years after first enrolling. A 50% grade on all assessment tools is required to pass the course. Failure to meet this criterion will result in a maximum grade of 4.5.

This course is NOT eligible for a single assessment, pursuant to Article 10.3 of the GENERAL REGULATIONS FOR THE EVALUATION AND GRADING OF OFFICIAL COURSES AND DEGREES OF THE UCV.

OTHER CLARIFICATIONS

Written and/or practical tests

- Multiple choice test. Standard penalty system.
- Developed question on a practical case related to the syllabus.

Individual or group assignment/project.

- Service-learning project (group).
- Another project chosen by the group from those developed in the content (Personal and Social Responsibility Program; Project for the Development of Life Skills, Fair Play, etc.).

Oral tests or presentations.

- Individual and group presentations. All members must participate in the explanation.

Classroom exercises and practices

- Exercises and practices carried out in class (physical and sports sessions, group work reports, practice notebooks, etc.).

*Standard penalty system

No options = No subtractions

2 options = 1 incorrect result subtracts 100%

3 options = 1 incorrect result subtracts 50%



4 options = 1 incorrect result subtracts 33.3%

5 options = 1 incorrect result subtracts 25%

6 options = 1 incorrect result subtracts 20%

The detailed explanation (procedure for the assignments) as well as the assessment tools (sheets or rubrics) for each section will be included. hanging on each group's platform at the student's disposal.



Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M5	R1, R3, R5	22,00	0,88
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity. M1, M2, M3, M6, M7	R1, R2, R3, R4, R5	30,00	1,20
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2	R1, R2, R3, R4, R5	4,00	0,16
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M3	R1, R2, R3, R4, R5	4,00	0,16
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring. M3, M7	R1, R2, R3, R4, R5	20,00	0,80
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M2	R1, R2, R3, R4, R5	70,00	2,80
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
1. The person and its dimensions. Corporeality in the context of the unity of the person.	1. The person and its dimensions. Corporeality in the context of the unity of the person.
2. Values: their nature, axiology and the disciplines that address them	2. Values: their nature, axiology and the disciplines that address them
3. Methods of education in values	3. Methods of education in values
4. Values ??in the world of sport.	4. Values ??in the world of sport.
5. Methodological strategies in education in values ??and attitudes	5. Methodological strategies in education in values ??and attitudes
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.
7. Conflict resolution in the framework of physical and sporting activity.	7. Conflict resolution in the framework of physical and sporting activity.
8. Intervention programs in the development of values ??through physical-sporting activities	8. Intervention programs in the development of values ??through physical-sporting activities



Temporary organization of learning:

Block of content	Number of sessions	Hours
1. The person and its dimensions. Corporeality in the context of the unity of the person.	3,00	6,00
2. Values: their nature, axiology and the disciplines that address them	3,00	6,00
3. Methods of education in values	3,00	6,00
4. Values ??in the world of sport.	4,00	8,00
5. Methodological strategies in education in values ??and attitudes	5,00	10,00
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	4,00	8,00
7. Conflict resolution in the framework of physical and sporting activity.	4,00	8,00
8. Intervention programs in the development of values ??through physical-sporting activities	4,00	8,00



References

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