



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280410 **Name:** Social Morality and Professional Deontology

Credits: 6,00 **ECTS Year:** 4 **Semester:** 1

Module: 3) Specific Obligatory Formation Module.

Subject Matter: Teaching of Physical Education and Sports. **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

3) Specific Obligatory Formation Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Physical activity and physical exercise for health and with special populations.	12,00	Physical Activity and Health	6,00	3/1
		Prescription and Programmes for Healthy Lifestyles	6,00	4/1
Physical exercise, fitness and sports physical training.	18,00	Evaluation of Biological Condition	6,00	3/1
		Planning and Methodology of Training in PA	6,00	3/2
		Prevention and Rehabilitation of Injuries in PA	6,00	4/1
Teaching of Physical Education and Sports.	18,00	Design, Evaluation and Intervention in Educational Programmes	6,00	4/1
		Didactics and Methodology of Sports and Physical Activity	6,00	3/1
		Social Morality and Professional Deontology	6,00	4/1
Sports organization and management.	12,00	Sports Marketing	6,00	3/2
		Sports Training Planning and Organisation	6,00	3/1



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Identify specific elements of social morality proposed by the Church alongside diverse moral perspectives.
- R2 Relate subject themes to conceptual cores in other areas related to Physical Education and Sports Sciences.
- R3 Familiarize with basic doctrinal and documentary sources of Social Morality for each thematic core, including ethical and professional deontology texts.
- R4 Analyze specialized texts critically in relation to Social Morality and Deontology themes.
- R5 Develop methodologically relevant topics that address ethical considerations and discernment within social and professional contexts.
- R6 Solve practical cases using moral virtues and principles.
- R7 Engage in critical dialogue with various moral theories and sports ethical codes.
- R8 Apply historical ethical proposals and attitudes to modern societal aspects.



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6, R7, R8	50,00%	Written and/or practical tests.
R1, R2, R3, R4, R5, R6, R7, R8	40,00%	Individual or Group Work / Project.
R1, R2, R3, R4, R5, R6, R7, R8	10,00%	Exercises and Practices in the Classroom.

Observations

- Written and/or practical tests (50%): Consists of a final exam of the subject and consists of three short questions and one essay question.

- In the individual or group work/project (40%), two tasks will be carried out:

- 1.Group work and presentation on the document "Giving the best of oneself"

- 2.Group work on the code of ethics and its relationship with the ISD

- In the classroom exercises and practicals (10%), analysis of films, news and texts will be carried out.

- Attendance will be compulsory when certain group work is scheduled in the timetable

- The student may keep the assessment instruments passed during the 3 years following the first enrolment.

- A minimum of 45% in all items is required to pass the course. If this requirement is not met, the student will be graded with a maximum of 4.5.

- This subject can be applied for a single assessment by submitting an application to the secretary's office with the appropriate evidence and justifications for the application. This is essential for the application to be assessed by the subject's teaching staff.

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published on the platform of each group at the student's disposal.



Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M5	R1, R2, R3, R4, R5, R6, R7, R8	24,00	0,96
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity. M2, M3, M7	R1, R2, R3, R4, R5, R6, R7, R8	17,00	0,68
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2	R1, R2, R3, R4, R5, R6, R7, R8	2,00	0,08
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M3, M7	R1, R2, R3, R4, R5, R6, R7, R8	7,00	0,28
TOTAL		50,00	2,00



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring. M2, M3, M7	R1, R2, R3, R4, R5, R6, R7, R8	35,00	1,40
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M2	R1, R2, R3, R4, R5, R6, R7, R8	65,00	2,60
TOTAL		100,00	4,00



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
1. Mission of the Church and Social Doctrine: God's plan of love for humanity. Social Morality: History and Concept. -Historical evolution of the SDC. Towards a definition of Social Morality as ISD.	Mission of the Church and Social Doctrine: God's plan of love for humanity. Social Morality: History and Concept. -Historical evolution of the SDC. Towards a definition of Social Morality as ISD.
2. The human person, Imago Dei, the centre of the DSI. Society. Human rights. Natural Law	The human person, Imago Dei, the centre of the DSI. Society. Human rights. Natural Law
3. Principles of the ISD. -Introduction to the principles of the ISD. -Subsidiarity. -Participation. -Solidarity. -Common good. -Universal destination of goods.	Principles of the ISD. -Introduction to the principles of the ISD. -Subsidiarity. -Participation. -Solidarity. -Common good. -Universal destination of goods.
4. Labour and economic life.	Labour and economic life.
5. The political community.	The political community.
6. International order and social peace.	International order and social peace.
7. Deontology: concept.	Deontology: concept.
8. Ethics and sport - Conceptions of sport. The rationale for fair play. -Ethics of competition. -Virtues applied to sport. -Genetic doping, history and fair/unfair arguments about the improvement and enhancement of the human species.	Ethics and sport - Conceptions of sport. The rationale for fair play. -Ethics of competition. -Virtues applied to sport. -Genetic doping, history and fair/unfair arguments about the improvement and enhancement of the human species.



9. Professional Associations and Codes of Ethics Code of Fair Play. Code of ethics of the profession. World Anti-Doping Code.

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Temporary organization of learning:

Block of content	Number of sessions	Hours
1. Mission of the Church and Social Doctrine: God's plan of love for humanity. Social Morality: History and Concept. -Historical evolution of the SDC. Towards a definition of Social Morality as ISD.	3,00	6,00
2. The human person, Imago Dei, the centre of the DSI. Society. Human rights. Natural Law	2,00	4,00
3. Principles of the ISD. -Introduction to the principles of the ISD. -Subsidiarity. -Participation. -Solidarity. -Common good. -Universal destination of goods.	2,00	4,00
4. Labour and economic life.	3,00	6,00
5. The political community.	2,00	4,00
6. International order and social peace.	1,00	2,00
7. Deontology: concept.	1,00	2,00
8. Ethics and sport - Conceptions of sport. The rationale for fair play. -Ethics of competition. -Virtues applied to sport. -Genetic doping, history and fair/unfair arguments about the improvement and enhancement of the human species.	3,00	6,00
9. Professional Associations and Codes of Ethics Code of Fair Play. Code of ethics of the profession. World Anti-Doping Code.	8,00	16,00



References

BASIC REFERENCES:

- Escudero, E. (2015). *Síntesis de la Doctrina Social de la Iglesia*. Ediciones Siquem. Mislata (Valencia).
- Gutiérrez García, J. L. (1993). *Introducción a la Doctrina Social de la Iglesia*. Parte General. Editorial Estudio Teológico de San Idelfonso de Toledo: Toledo.
- PONTIFICIO CONSEJO "JUSTICIA Y PAZ". (2005). *Compendio de la Doctrina Social de la Iglesia*. Editorial BAC-Planeta: Madrid.
- DICASTERIO PARA LOS LAICOS (2018). *Dar lo mejor de uno mismo*. Disponible en www.vaticano.va.
- Aparisi, A. & López, J. (2003). *Concepto y fundamento de la deontología*. En *Ética de las profesiones jurídicas: estudios sobre deontología*, Vol. 1. Edita UCAM: Murcia. ? Códigos Deontológicos de cada profesión. Se recuperan de la web de cada Colegio Profesional.
- Pérez Triviño, J.L. (2012). *Ética del deporte*. Bilbao: Desclee de Brouwer .
- Pisk, J. (2010). *The Role of Cardinal Virtues in Sport en Philosophic Reflections in Sport*, Hosta, M. (Ed), SPOLINT e-books, Slovenia, pp. 6-19.
- Sandel, M. (2007). *Contra la perfección. La ética en la era de la ingeniería genética*. Barcelona: Marbot.
- Sebastián, Raúl (2012). *Internalismo ético en el deporte: el pensamiento de Robert Louis Simon*. SCIO 8, 141-161.

COMPLEMENTARY REFERENCES:

- Guerrero, F. (2009) *Mensaje social de la Iglesia*. Editorial Ciudad Nueva: Madrid
- Sorge, B. (2007) *Introducción a la Doctrina Social de la Iglesia*. EDICEP: Valencia.
- Wojtyla, K. (1997). *Mi Visión Del Hombre*. Ed. Palabra: Madrid.
- Aggerholm, K. (2016). *On practising in sports: towards an ascetological understanding of sports*.
- Gutierrez Sanmartín, M. (2004). *El valor del deporte en la educación integral del ser humano*. Revista de Educación, núm. 335, pp. 105-126.
- Torres, C. (2016). El verdadero valor del deporte. En C. R. Torres, & C. Tamburrini, Columna deportiva. Artículos sobre deporte, ética y sociedad (págs. 128-131). New York: SUNY Brockport eBooks.