



## Information about the subject

**Degree:** Bachelor of Sciences of Physical Activity and Sport

**Faculty:** Faculty of Physical Activity and Sport Sciences

**Code:** 280103 **Name:** Perceptual Motor Skills

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 2

**Module:** 2) Obligatory Formation module

**Subject Matter:** Manifestations of human motor skills **Type:** Compulsory

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

### Lecturer/-s:

|        |                                                                |                        |
|--------|----------------------------------------------------------------|------------------------|
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## Module organization

### 2) Obligatory Formation module

| Subject Matter                       | ECTS  | Subject                                       | ECTS | Year/semester |
|--------------------------------------|-------|-----------------------------------------------|------|---------------|
| Manifestations of human motor skills | 18,00 | Body Language                                 | 6,00 | 1/1           |
|                                      |       | Perceptual Motor Skills                       | 6,00 | 1/2           |
|                                      |       | Physical Activity in Nature                   | 6,00 | 2/2           |
| Sports Fundamentals                  | 42,00 | Adapted Sport and Inclusive Physical Activity | 6,00 | 2/2           |
|                                      |       | Adversary Sports                              | 6,00 | 2/1           |
|                                      |       | Individual Sports                             | 6,00 | 2/1           |
|                                      |       | Motor Learning and Development                | 6,00 | 1/1           |
|                                      |       | Native Sports and Games                       | 6,00 | 1/2           |
|                                      |       | Team Sports                                   | 6,00 | 2/2           |
|                                      |       | Training Theory and Practice in PA            | 6,00 | 2/2           |



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Design, implement and evaluate tasks, activities and/or sessions of perceptual-motor skills in the educational field, taking into account diversity.
- R2 Handle instruments and materials related to perceptual-motor skills.
- R3 Adapt tasks, activities and/or sessions of perceptual-motor skills according to the level of motor development and individuality in the educational context.
- R4 Identify, express, and reason about knowledge in the field of perceptual-motor skills
- R5 Decide and apply optimal learning strategies for different perceptual-motor skills, considering group characteristics



## Assessment system for the acquisition of competencies and grading system

| Assessed learning outcomes | Granted percentage | Assessment method                   |
|----------------------------|--------------------|-------------------------------------|
| R4, R5                     | 20,00%             | Written and/or practical tests.     |
| R2, R4                     | 30,00%             | Individual or Group Work / Project. |
| R1, R2, R3, R4, R5         | 30,00%             | Diary, Portfolio or Notebook.       |
| R3, R4, R5                 | 20,00%             | Oral tests or presentation.         |

### Observations

Students may keep the assessment tools they have passed for three years after first enrolling.

A 50% grade on all assessment tools is required to pass the course. Failure to meet any of these criteria will result in a grade of a maximum of 4.5.

This subject is NOT subject to a request for a single evaluation in accordance with the provisions of article 10.3 of the GENERAL REGULATIONS FOR EVALUATION AND GRADING OF OFFICIAL TEACHINGS AND OWN DEGREES OF THE UCV.

#### OTHER CLARIFICATIONS

The detailed explanation (assignment procedures) as well as the assessment tools (sheets or rubrics) for each section will be posted on each group's platform for students to use.

#### Written and/or Practical Exams

Single final multiple-choice exam (true/false). Standard penalty system\*. If the student does not obtain a grade of 5 out of 10, the oral section (explained in the "Oral Tests or Presentation" tool) will not be allowed to take the oral section.

#### Oral Tests or Presentation

Oral part of the exam: 2-3 essay questions.

#### Individual/Group Project/Assignment

Completion and submission of a field project, which will be posted on the course platform, on one of the course topics. The project will be monitored both in class and during tutorials.

#### Journal, Portfolio, or Notebook

A journal must be submitted weekly with the planning, analysis, and evaluation of that session conducted by your group. Attendance at that session is mandatory to submit this journal. A maximum of one session may not be submitted. If the student does not meet the minimum number of submissions, they will fail both sessions and must resubmit the journal at the next registration session.



**\*Standard Penalty System**

No options = No subtractions, 2 options = 1 incorrect subtracts 100%, 3 options = 1 incorrect subtracts 50%, 4 options = 1 incorrect subtracts 33.3%, 5 options = 1 incorrect subtracts 25%, 6 options = 1 incorrect subtracts 20%.



## Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

### Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

### Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

### Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

### Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



## IN-CLASS LEARNING ACTIVITIES

|                                                                                                                                                                                                                                                                                    | LEARNING OUTCOMES  | HOURS        | ECTS        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------|
| <b>THEORETICAL CLASS:</b> Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.<br>M5                                                                                                                | R2, R4             | 24,00        | 0,96        |
| <b>PRACTICAL CLASS / SEMINAR:</b> Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.<br>M1, M2, M3, M4, M6, M7 | R1, R2, R3, R4, R5 | 20,00        | 0,80        |
| <b>EVALUATION:</b> Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.<br>M2                                                                                                                      | R1, R2, R3, R4, R5 | 12,00        | 0,48        |
| <b>TUTORING:</b> Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.<br>M2, M3                                               | R1, R2, R3, R4, R5 | 4,00         | 0,16        |
| <b>TOTAL</b>                                                                                                                                                                                                                                                                       |                    | <b>60,00</b> | <b>2,40</b> |



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

|                                                                                                                                                                                                  | LEARNING OUTCOMES  | HOURS        | ECTS        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------|-------------|
| GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.<br>M2, M7                                                                   | R1, R2, R3, R4, R5 | 30,00        | 1,20        |
| SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.<br>M2 | R1, R2, R3, R4, R5 | 60,00        | 2,40        |
| <b>TOTAL</b>                                                                                                                                                                                     |                    | <b>90,00</b> | <b>3,60</b> |

## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

| Content block                                                                                                                                | Contents                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Block 1. Characteristics of motor actions and resources for action.                                                                          | Introduction to motor skills. Abilities, skills, abilities and tasks. Resources for action.                                                                                                                                                                                        |
| Block 2. The perceptual-motor capacities of adjusting movement to the possibilities and circumstances of one's own body and the environment. | The perceptual-motor capacities for adjusting movement to the possibilities and circumstances of one's own body: the body schema.<br>The perceptual-motor capacities for adjusting movement to the possibilities and circumstances of the environment. The coordinative capacities |
| Block 3. Basic motor skills and abilities.                                                                                                   | Basic motor skills and abilities.                                                                                                                                                                                                                                                  |



## Temporary organization of learning:

| Block of content                                                                                                                             | Number of sessions | Hours |
|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-------|
| Block 1. Characteristics of motor actions and resources for action.                                                                          | 9,00               | 18,00 |
| Block 2. The perceptual-motor capacities of adjusting movement to the possibilities and circumstances of one's own body and the environment. | 13,00              | 26,00 |
| Block 3. Basic motor skills and abilities.                                                                                                   | 8,00               | 16,00 |



## References

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